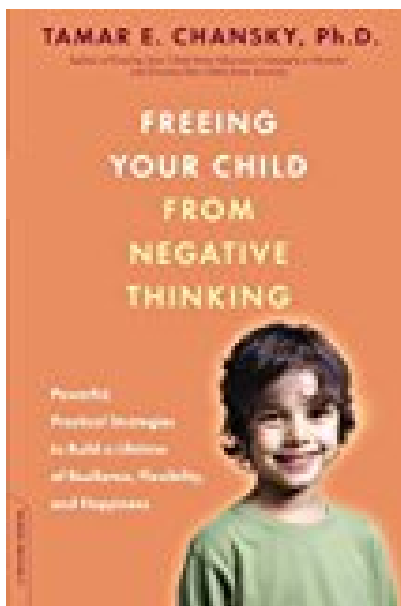


Freeing Your Child from Negative Thinking Powerful Practical Strategies to Build a Lifetime of Resilience Flexibility and Happiness



BOOK DETAILS

- Author : Tamar E. Chansky
- Pages : 336 Pages
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BOOK SYNOPSIS

Analyzes the underlying causes of childrens negative attitudes and provides strategies to help parents and their children manage negative thoughts, build optimism, and establish emotional resilience.

FREEING YOUR CHILD FROM NEGATIVE THINKING POWERFUL PRACTICAL STRATEGIES TO BUILD A LIFETIME OF RESILIENCE FLEXIBILITY AND HAPPINESS

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