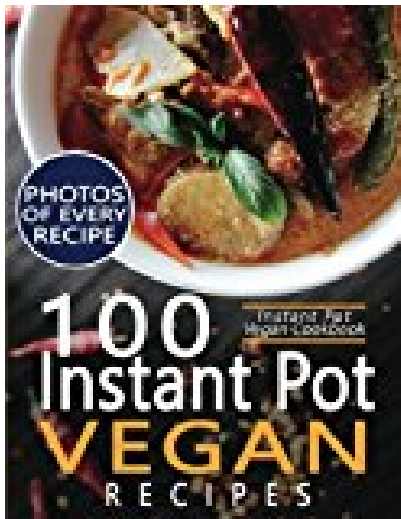


Instant Pot Vegan Cookbook 100 Instant Pot Vegan Recipes with Pictures and Nutrition Facts for Every Recipe; Fast and Easy Vegan Instant Pot Recipes for Health and Weight Loss



BOOK DETAILS

- Author : Julieta Joven
- Pages : 200 Pages
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BOOK SYNOPSIS

Kindle MatchBook: Buy the paperback edition and get the Kindle edition FREE! THE TOP EASY AND HEALTHY INSTANT POT VEGAN RECIPES WITH PHOTOS, SERVING SIZE, AND NUTRITIONAL INFORMATION FOR EVERY SINGLE RECIPE! There is a revolutionary new way to enjoy remarkable, home-cooked, healthy VEGAN meals without spending your whole life in the kitchen! The very best Instant Pot recipes for vegans and vegetarians! The Instant Pot has taken its place as one of the most popular kitchen appliances of the decade, but this is more than just a fad! Using the Instant Pot to cook delicious vegan and vegetarian meals at home is a lifestyle and an entire movement based on reclaiming our health and well-being without sacrificing any of our favorite meals. Food isn't meant to be bland and boring any more than it is meant to involve harming innocent animals. Food is meant to be a nutritious and ethical source of life that is best enjoyed and savored at home with the people you care about most. That's why cooking vegan recipes with the Instant Pot is becoming so popular! The Instant Pot lets you prepare elaborate, healthy, tasty, vegan meals at home for your entire family without slaving away for hours in the kitchen! The Instant Pot lets you save money and time while still enjoying the best home-cooked vegan meals you've ever made! Award winning vegan Instant Pot recipes for breakfast, lunch, and dinner, all with complete nutritional information, serving sizes, and pictures! This Instant Pot vegan cookbook makes it easy to get the most out of your Instant Pot! With easy breakfast recipes, fresh and fast lunch recipes, and mouth-watering dinner recipes, ALL 100% VEGAN, this one Instant Pot vegan cookbook gives you months of amazing vegan Instant Pot recipes! Every recipe includes a photo of the meal as well as serving size and nutritional information. Enjoy some of the best meals of your life while improving your health and losing weight! This collection of the best vegan Instant Pot recipes truly lets you have it all! Eating fresh vegan meals cooked with an Instant Pot does not mean you are on a boring, bland, starvation diet. Eating bland and weird food might be one way to be a vegan, but that is not what the Instant Pot is all about! Let's face it: if a diet isn't enjoyable, sooner or later it becomes impossible to stick to. Don't set yourself up for failure! Grab these amazing vegan Instant Pot recipes now and learn the many delicious possibilities you could have for breakfast, lunch, and dinner today and every day for weeks to come! Cooking vegan meals at home with the Instant Pot can be fun and easy, but only when you know the right recipes! For less than the cost of visiting a fast food restaurant, you can get your hands on months of Instant Pot vegan recipes, all with complete nutritional information, serving sizes, and pictures in this Instant Pot vegan cookbook. Every recipe is easy to make, uses only ethical vegan ingredients, and is so healthy and delicious you will be proud to serve these meals to your family and friends. World class vegan meals you can serve to your family and friends with pride! Healthy eating guru Alessandra Mercado has assembled an award winning collection of the absolute best Instant Pot vegan recipes you'll ever taste. These recipes are all great for promoting optimal health and rapid fat loss, but they taste so good you'll never feel like you're sacrificing anything! Not only that, you can feel good about eating these meals because they contain only ethical, vegan ingredients. Don't miss out! Grab the paperback edition of this book today and claim your free Kindle edition with Kindle MatchBook! Make a small investment in your health and well-being, as well as the health and well-being of your family, that will pay off huge in the long run!

INSTANT POT VEGAN COOKBOOK 100 INSTANT POT VEGAN RECIPES WITH PICTURES AND NUTRITION FACTS FOR EVERY RECIPE; FAST AND EASY VEGAN INSTANT POT RECIPES FOR HEALTH AND WEIGHT LOSS -

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